

### (3) Welfare for Adults and Children with Disabilities

In June 2021, the TMG enacted the “Tokyo Metropolitan Plan to Promote Policies for Persons and Children with Disabilities”, based on which we are working towards the integrated development of facilities providing services for persons with disabilities.

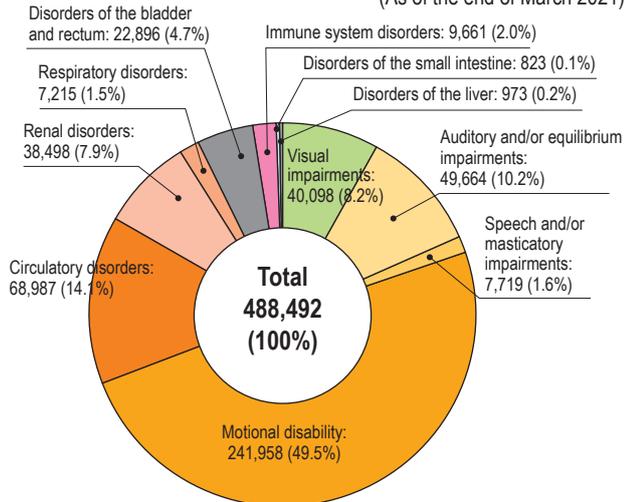
#### Current Status of Adults/Children with Disabilities

##### Number of Persons Possessing Disability Certificate

Currently, about 489,000 Tokyo residents are issued with the Physical Disability Certificate (Shintai shogaisha techo), about 95,000 are issued with the Intellectual Disability Certificate (Ai no Techo), and about 130,000 are issued with the Certificate for Health and Welfare of Persons with Mental Disorders (Seishin shogaisha hoken fukushi techo). (As of the end of March 2021)

##### Number of the Physical Disability Certificate

(As of the end of March 2021)

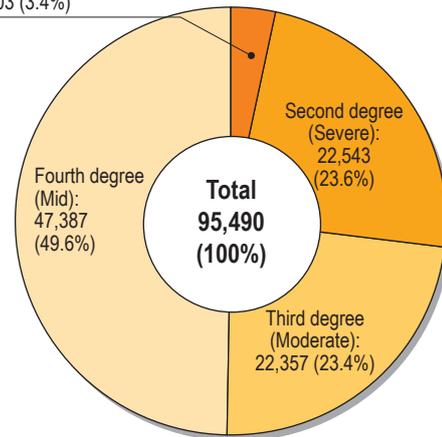


Source: "Welfare Administration Statistics" compiled by the Bureau of Social Welfare and Public Health

##### Number of the Intellectual Disability Certificate

(As of the end of March 2021)

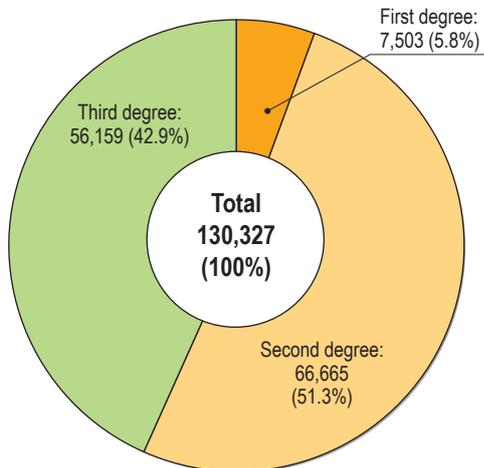
First degree (Profound):  
3,203 (3.4%)



Source: "Welfare Administration Statistics" compiled by the Bureau of Social Welfare and Public Health

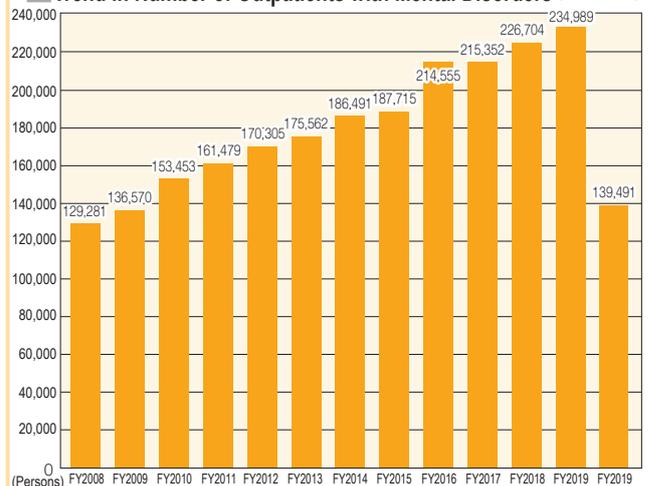
##### Number of the Certificate for Health and Welfare of Persons with Mental Disorders

(As of the end of March 2021)



Source: Compiled by Chubu Center for Mental Health and Welfare

##### Trend in Number of Outpatients with Mental Disorders (Unit: persons)



\* Number of outpatients is certified persons for public expenditure of outpatient medical care.

\* Number of outpatients is the figure at the end of each fiscal year.

Source: Compiled by Chubu Center for Mental Health and Welfare

#### Tokyo Metropolitan Plan to Promote Policies for Persons and Children with Disabilities

To realize a society in which persons with disabilities can live with peace of mind and work energetically in the community, the TMG formulated the “Tokyo Metropolitan Plan to Promote Policies for Persons and Children with Disabilities” as the “Plan for Persons with Disabilities” based on the Basic Act for Persons with Disabilities, the “Disability Welfare Plan” based on the Comprehensive Support for Persons with Disabilities Act, and the “Welfare Plan for Children with Disabilities” based on the Child Welfare Act, and implements activities to develop organization-wide and comprehensive measures for persons with disabilities. The period for each of the plans is the three years from FY2021 to FY2023.

## Plan for Persons with Disabilities (Basic Act for Persons with Disabilities)

### Basic Concept

- I. Realization of an inclusive society in which all metropolitan citizens live together
- II. Realization of a society in which people with disabilities can live in the community with peace of mind
- III. Realization of a society in which people with disabilities can work energetically

### Policy Targets

- I. Promotion of activities for realizing an inclusive society
- II. Building of systems for supporting independent living in the community
- III. Improvement of support for enhancing the ability to live in society
- IV. Realization of a society in which people can work energetically
- V. Development and securing of human resources responsible for providing services

### Plan Activities

- Welfare, public health, and medical policies
  - Education, labor, housing, safety and security, town planning, barrier-free mindset and barrier-free access to information, sports, culture, arts, etc.
- Promotion of organization-wide and comprehensive policies for persons with disabilities

## Sixth Term Disability Welfare Plan (Comprehensive Support for Persons with Disabilities Act), Second Term Welfare Plan for Children with Disabilities (Child Welfare Act)

### Main Policy Development

#### I. Promotion of activities for realizing an inclusive society

- Promotion of understanding about disabilities and persons with disabilities, and elimination of discrimination against persons with disabilities
- Improvement of barrier-free access to information etc.

#### III. Improvement of support for enhancing the ability to live in society

- Promotion of developments such as child development support centers (Three-year plan), and support for the development of systems in municipalities
- Provision of support for children requiring medical care and hearing-impaired children etc.

#### II. Building of systems for supporting independent living in the community

- Promotion of infrastructure development supporting community living through a "Three-year Plan for Persons and Children with Disabilities for Assistance on Making the Shift to Life in the Community/Day to Day Life"
- Promotion of shift from residential facilities and psychiatric hospitals to community living
- Provision of detailed responses matching disability characteristics through public health, medical and welfare cooperation
- Continued provision of support in times of disaster, etc. (Disasters, spread of infectious diseases, etc.) etc.

#### IV. Realization of a society in which people can work energetically

- Improvement of support for people with disabilities to enter general employment
- Improvement of wages in welfare facilities, and consideration of ideal ways to provide support utilizing digital technologies etc.

#### V. Development and securing of human resources responsible for providing services

- Development and securing of human resources who can provide support that matches the disability characteristics
- Improvement of workplace environments by utilizing digital technologies, and improvement of the quality of the support etc.

## Three-year Plan for Persons and Children with Disabilities for Assistance on Making the Shift to Life in the Community/Day to Day Life (from FY2021 to FY2023)

Regarding group homes and locations offering training for employment, the TMG will newly secure a 7,660-person capacity by the end of FY2023.

### Intensive Development of the Infrastructure Supporting Community Life of Disabled Persons (Special Subsidization)

○In order to further develop the service infrastructure supporting community life for people (children) with disabilities in the community, the TMG implements special subsidization to reduce the burden on persons conducting facility establishment and to promote infrastructure development for community living. In addition, when constructing facilities in communities in which child development support centers, mainly child development support providers and after-school day service providers for children mainly supporting children with severe physical/mental disabilities, have not previously been installed, a supplementary amount will be added to promote the construction of support systems for children with disabilities.

Facility for Maintenance	FY2021 to FY2023	Objectives
Residence in the community (Group homes)	+2,500 persons	Providing living arrangements for persons with disabilities in the community
Places for daytime activities (Daycare facility, etc.)	+5,000 persons	Support for general employment and opportunities for day-time activity for the severely disabled
At-home services (Short stay at facility)	+160 persons	Construction to offer easy-access in communities as needed with peace of mind
Support for children with disabilities (Child development support center)	At least one or more center for each municipality	Enhancement of the system to provide support for children with disabilities
Support for children with disabilities (Child development support center, which mainly supports children with severe physical/mental disabilities)		
Support for children with disabilities (After-school day service center for children, which mainly supports children with severe physical/mental disabilities)		

## Comprehensive Support for Persons with Disabilities Act

With the aim of realizing coexistence in local communities, the Services and Supports for Persons with Disabilities Act was revised into the “Act to Comprehensively Support the Daily Life and Social life of Persons with Disabilities (Comprehensive Support for Persons with Disabilities Act)” in April 2013. At the same time, the definition of disability was enlarged to include intractable disease, and in April 2018, the services to support for employment retention and to assist with independent life were launched.

### Welfare Services

Welfare services are classified broadly as the individually determined “Disability Welfare Service” and the flexible, municipally-conducted “Community Life Support Program”.

The “Disability Welfare Service” is divided into the “Care Services”, if the person receives support for nursing care or the “Training Services”, if the person receives support for training.

In addition, “Community Consultation Assistance Services” provide support to shift to and maintain life in the community, and “Plan Consultation Assistance Services” provide support to use and maintain various services. The program details and user charges for “Community Life Support Services” varies by municipality.

### ○Welfare service system

Care services	Home-help service	Home-help service to assist with bathing, toileting and eating at home
	Visiting care for persons with severe disabilities	Assist severely disabled persons or persons with severe intellectual/mental disabilities with serious behavior issues who require constant nursing care, with bathing, toileting and eating, and also provide housekeeping assistance, communication assistance, outing assistance, etc.
	Assistance on travel outside the home	Assist impaired individuals for whom mobility is a serious issue by providing information required for travel outside the home (including reading and writing on behalf of the individual), assistance on travel itself, etc.
	Activity support	Necessary assistance and nursing care for persons with severe intellectual/mental disabilities that make activities extremely difficult who require constant nursing care to avoid danger when conducting activities in the home and outdoors
	Medical care	Daytime assistance for persons who require medical attention and constant nursing care including functional training when admitted to medical institutions, nursing care, personal care, etc.
	Care for daily life	Assistance for persons who require constant nursing care including support with bathing, toileting, eating, etc. Provision of opportunities for creative/productive activities
	Short-stay service	Short-term assistance (daytime and nighttime) at facilities with bathing, toileting, eating, etc., in case caregivers become ill or unable to provide the necessary nursing care
	Comprehensive support for persons with severe disabilities	Comprehensive program to provide multiple services such as at-home care for persons with high necessity of nursing care
	Support for residential care	Service at night and on holidays for persons entering care facilities including bathing, toileting, eating, etc. assistance, and daily life support
Training services	Rehabilitation service (functional training, daily life training, etc.)	Training provided for a certain period of time to improve physical function, daily living abilities, etc. so that the person can achieve an independent daily/social life
	Transition support for employment	Training to enhance necessary knowledge/abilities for a certain period, employment support, etc. offered for persons under 65 who wish to be employed in a general corporation
	Support for continuous employment (Type A, Type B)	Provide workplace and necessary training, etc. to enhance knowledge and abilities for persons who have difficulties working in a general corporation
	Support for employment retention	Visit corporations, homes, offices, etc., serving as a liaison and a coordinator, and give instructions and advice so that a person who transitions to a general corporation, etc. can continue to work
	Assistance on independent life	Provide support necessary for persons with disabilities who was in a facility for persons with disabilities and transitions to an independent daily life alone at home by regularly visiting and responding when necessary
	Group home with aid	Nighttime or holiday services at group living residences including consultation and daily support such as bathing, toileting, eating, etc. assistance
Community consultation	Assistance on shift to community life	Consultation on securing housing and other activities required to making the shift to community life and necessary assistance to disabled persons in special facilities, persons with mental disorders in psychiatric hospitals, and disabled persons in protection/correction facilities, etc.
	Assistance to keep people in the community	For persons with disabilities living alone at home, maintain a continuous system of communications and provide consultations and necessary assistance in case of emergencies due to the characteristic of the disability

Community life support services	Training to promote understanding, awareness program	Conduct training and raise awareness (hold events/lectures, distribute brochures, etc.) to deepen the community residents' understanding toward persons (children) with disabilities
	Voluntary activity support program	Support for voluntary activities (peer support, disaster prevention, volunteer activities, etc.) by persons (children) with disabilities, their family, community residents, etc.
	Consultation assistance program	Provide consultation and necessary information to persons (children) with disabilities, their guardians, etc. In addition, establish a committee to build a network for consultation assistance in the community
	Support program to utilize the adult guardianship system	For persons with intellectual disabilities who are using or intend to use disability welfare services, and those who find it difficult to use the Adult Guardianship System without assistance, some expenses such as remuneration for the guardian are subsidized
	Support program for judicial guardians in the adult guardianship system	Develop a system to secure judicial persons capable of properly carrying out tasks as a guardian in the Adult Guardianship System, and support the activities of judicial guardians, including the utilization of civil guardians
	Communication assistance program	Dispatch sign language interpreters and notetaker/scribe, etc. to assist persons with hearing disability, speech disability, phonological disorder, visual disability or other dysfunction in communicating with other parties
	Provision/rental services of independent living support tools	Provision or rental of tools to support independent living of severely disabled persons (children)
	Sign language volunteer training program	Training for sign language volunteers to acquire sign language expression skills required for daily conversation, as they are expected to assist in promoting exchange activities with hearing-impaired persons, etc.
	Transportation support program	Assist disabled persons (children) who have difficulties in transporting themselves outdoor
	Local activity support center	Facilities offering opportunities for creative/productive activities, promoting social interaction, etc.
	Arbitrary programs	Programs required for living an independent daily life or social life, decided at the discretion of the municipality

○Combination of Daily Activities and Residential Facilities

By dividing the services provided by residential facilities into Daytime Service (daytime activities) and Nighttime Service (residential support), the users can select their own combination of the services.

When patients use this service, an individual support plan will be created for each person in order to provide appropriate services for each individual.

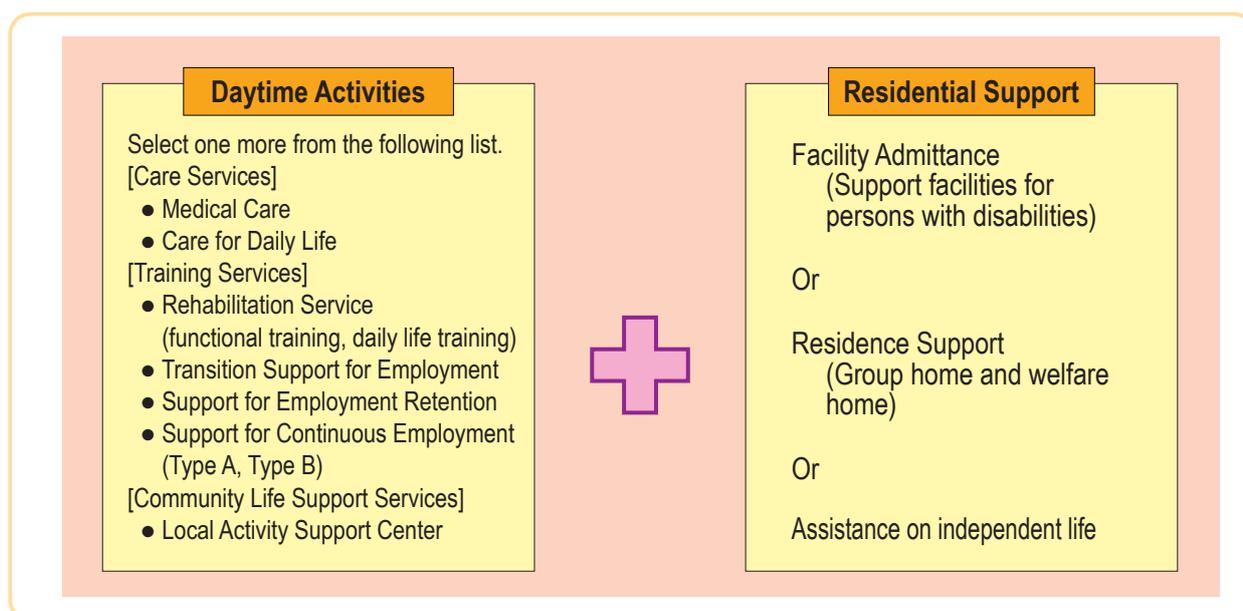
○Procedure to Use the Disability Welfare Service

Those wishing to use services must apply at their municipality office and obtain identification of their levels of support for disabilities (\*).

The user must create the "Service usage plan (draft)" with the "Designated counseling and support provider" and submit it to the municipality.

The municipality decides the provision based on the submitted plan (draft) and other necessary matters.

The "Designated counseling and support provider" holds a service personnel meeting once the provision is decided, and coordinates with the service provider to create the actual "Service usage plan", after which the use of services begins.



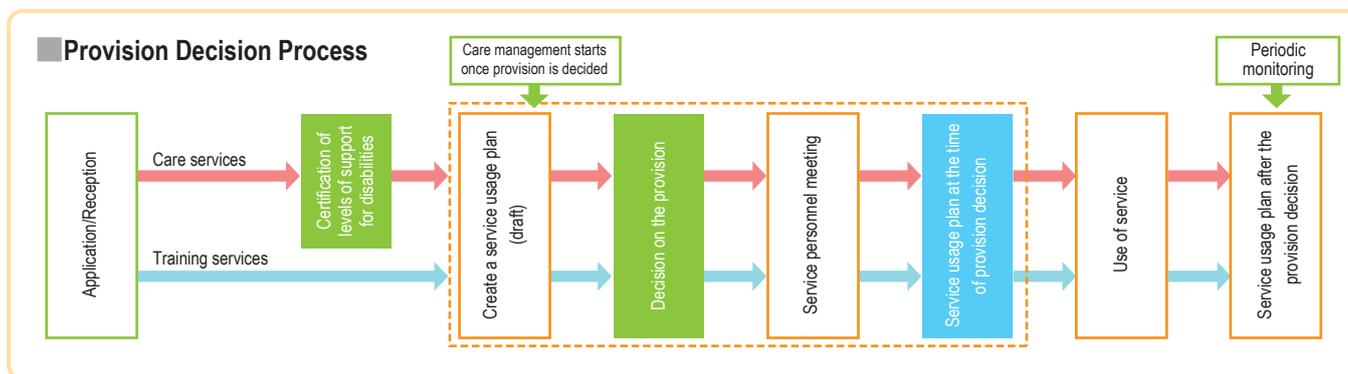
**\* Definition of levels of support for disabilities**

Levels of support for disabilities comprise six stage levels that comprehensively indicate the degree of standard assistance required, according to the various disability characteristics and psychosomatic state (Levels 1 to 6 with level 6 having the highest requirements).

A survey is conducted on a total of 80 items, including 12 items relating to mobility, motion, etc., 16 items relating to personal care, daily life, etc., 6 items relating to communication, etc., 34 items relating to behavioral disorder, and 12 items relating to special medical care. The certification is given by municipalities based on the comprehensive decision of the council.

\* In cases where an application is made for “assistance on travel outside the home”, additional assessment is done using a dedicated assessment sheet. However, certification of levels of support for disabilities are not provided when physical nursing care is not required.

\* Where “training services” are used, certification of levels of support for disabilities is not required as a general rule. However, if those using a Group Home with Aid (Group Home) also request care services, then certification of levels of support for disabilities is required.



\* It is also possible to submit draft service usage plans (self-made plans) created by persons other than the designated counseling and support providers.

**○Self-pay Burden of Disability Welfare Service and Support for Children with Disabilities**

The user-paid cost has a monthly maximum limitation set according to the income of the user (Measures such as individual

reduction or exemption are available). Food costs and utilities including light, electricity and water supply are billed at actual cost (Burden reduction measures are available).

Category	Income status of household		Monthly maximum limit	
Public assistance	Public assistance recipient household		¥ 0 (no burden)	
Low income	Household exempt from municipal residential tax		¥ 0 (no burden)	
General 1	Household subject to municipal residential tax	(Persons with disabilities) Income rate less than ¥ 160,000 * Excluding residential facility users (aged 20 or over), group home users.	¥ 9,300	
		(Children with disabilities) Income rate less than ¥ 280,000 * Including residential facility users aged under 20.	When using daytime activity facilities and at-home help	¥ 4,600
			When using residential facilities	¥ 9,300
General 2	Other than above		¥ 37,200	

**Medical System for Services and Supports for Persons with Disabilities (Outpatient Psychological Treatment, Medical Rehabilitation Service, Public Health Care to the Disabled Children)**

○Self-pay Burden of the Medical Expenses for Services and Supports for Persons with Disabilities

The user-paid cost has a monthly maximum limitation set according to the income of the user (Please confirm details with the TMG or municipalities). Food costs or living costs during hospital admittance are charged at actual costs (Burden reduction measures are available). As for outpatient psychiatric treatment received by households exempt from municipal residential tax, the TMG reduces the self-pay burden to 0% upon application.

**Prosthetic Appliances and Daily-use Equipment**

○Provision of Prosthetic Appliances

Municipalities, upon application by the disabled persons or the guardian of the disabled child, determine whether the applicant is entitled to receive the service.

○Provision/Rental of Daily-use Equipment

Municipalities, upon application by the disabled persons or the guardian of the disabled child, determine whether the applicant is entitled to receive the service.

○Self-pay Burden of Prosthetic Appliances and Daily-use Equipment

The user-paid cost of prosthetic appliances has a monthly maximum limitation set according to the income of the user (Persons with a certain income or higher are not entitled to the provision of prosthetic appliances). The user-paid cost of daily-use equipment is decided by municipalities.

Prosthetic appliances and daily-use equipment (Offered individually)	Equipment to be used for a long period of time to supplement the physical functions of disabled persons (children), such as prosthetic limb, orthosis, or wheelchair
Daily-use equipment (Community life support project)	Equipment used to improve the daily convenience of disabled persons

**Child Welfare Act (Assistance for Children with Disabilities)**

As of April 1, 2012, changes have been implemented to facilities and projects for children with disabilities based on the Child Welfare Act and the procedures utilized by facilities have now become integrated.

In addition, the utilization of facilities for disabled children by persons 18 years of age or older is addressed under policies for the disabled under Comprehensive Support for Persons with Disabilities Act.

Support for children with disabilities to attend facilities	Child development support	Support by giving instructions on basic behavior in daily life, knowledge and skills, and adaptive training for group living. In case of the medical type, medical treatment is also implemented. (1) Child Development Support Center In addition to support for attending facilities, it provides regional support such as “support for children with disabilities and their families in communities” and “support for facilities to take care of children with disabilities in communities” as a base for supporting children with disabilities in familiar communities. With or without medical care differentiates “Child development support center” and “Medical-type child development support center” . (2) Project for child development support It serves as a familiar venue for preschool children with disabilities who attend facilities to receive treatment and education.
	Medical-type child development support	
	Day-service after school	It provides continuous training after school and during long holidays such as summer holidays to school children with disabilities in order to improve their ability to live daily life.
	Home-visit child development support	It provides support for development by visiting homes of children with disabilities who have problems going out due to severe disabilities, etc.
	Childcare facilities visiting support	It promotes stable use of childcare facilities by providing support to children with disabilities who currently use or will use childcare facility services by giving specialized support by visiting to help them adapt to group living in childcare facilities.
Support for children with disabilities to admit facilities	Welfare-type facilities for children with disabilities	It protects children with disabilities by having them admitted to facilities and gives advice on daily life and knowledge and skills necessary for independent life.
	Medical-type facilities for children with disabilities	It protects children with disabilities by having them admitted to facilities and gives advice on daily life and knowledge and skills necessary for independent life in addition to medical treatment.

## Realization of an Inclusive Society

### ■Tokyo Metropolitan Ordinance on the Promotion of Understanding and Elimination of Discrimination Against People with Disabilities

An ordinance was enacted whereby all persons living in Tokyo or visiting Tokyo shall not be discriminated against according to whether they have disabilities in an aim to realize an inclusive society in which people mutually respect each other's individuality and personalities. [Date of enforcement] October 1, 2018

#### Key Points of the Ordinance

- Change to obligation for private sector companies to provide "reasonable accommodation" (In the Act for Eliminating Discrimination Against People with Disabilities, this is an obligation to cooperate)
  - \* Provision of reasonable accommodation: When persons with disabilities have conveyed requests relating to assistance and necessary considerations, there shall be an obligation to give a required and rational response based on dialog over a range which does not impose an undue burden.
- Regional support consulting staff shall be stationed to receive consultations from persons with disabilities, related persons, and private sector companies. (in the Tokyo Metropolitan Advocacy Center for Persons with Disabilities)
- In cases where issues cannot be resolved even after consultation support, measures will be developed to resolve disputes such as by newly establishing a coordinating committee.

#### Awareness Building and Education about Help Mark and Help Card

As it may not be apparent from the outside whether support or special consideration is required for persons with prosthetic limbs or prosthetic joints, those with internal dysfunctions or intractable diseases, or women in the early stages of pregnancy, the TMG raises awareness of the Help Mark, indicating to those around them that special consideration is required, to smoothly obtain support and Help Card, utilized by persons with disabilities to request help in times of disaster and in normal times.



#### Project to Promote the Utilization of the Help Mark in Municipalities

The TMG raises awareness of the Help Mark by subsidizing the distribution of the mark by municipalities according to their circumstances and the utilization of the mark at public facilities, etc.

#### Project to Promote the Utilization of the Help Card

In order to spread the use of the Help Card, the project supports initiatives by municipalities to raise awareness, such as study sessions and seminars on the Help Card, and disaster drills conducted by using the Help Card.

### Support for Social Participation by Persons with Disabilities

The TMG is promoting social participation of the disabled by offering places for daily activities that can be used according to the needs and condition of each person.

#### Ensuring Communication Measures and Provision of Information

In order to promote social participation of persons with disabilities, the TMG conducts the following services:

- Training and dispatch of interpreter/helper for vision- and hearing-impaired persons
- Service centers for vision- and hearing-impaired persons
- Library reference service for vision-impaired persons
- Creation and rental of library materials for vision-impaired persons
- Information network in Braille

- Creation and distribution of materials printed in Braille/tape
- Training of sign language interpreter/notetaker (scribe)
- Training of sign language and speech reading training course for persons with acquired hearing loss or with hearing impairment
- Support in mutual communications for hearing-impaired persons
- Rental of communication equipment for hearing-impaired persons
- Creation and rental of visual library materials with subtitles
- Support in mutual communications for aphasic patients

#### Program to Train Tokyo Residents Who Can Use Sign Language

In order to improve awareness of Tokyo residents regarding hearing difficulties and promote their understanding, the TMG raises awareness about sign language and trains them to communicate in sign language to expand the number of people who can use sign language.

#### Assistance with Digital Technologies for Persons with Disabilities

This project provides consultations on use, information, exhibitions, and more on digital technologies for persons with disabilities. In addition, it trains personnel capable of assisting utilization of digital technologies for persons with disabilities in the community.

#### Provision of Assistance Dogs for Physically Disabled Persons

The TMG provides assistance dogs (guide dogs, service dogs or hearing dogs) for persons with physical disabilities.



Assistance Dogs for Physically Disabled Persons (Support Dog)  
Source: Support Dog Association

### Recreational Homes for the Disabled

The TMG designates recreational facilities for disabled persons, their families and friends, and also subsidizes a part of the costs.

### Tokyo Welfare Center for the Disabled

To improve the welfare for disabled persons, the center opens its meeting rooms for residents' use and also conducts counseling.

### Program to Support Communication by Hearing-impaired Persons utilizing Digital Technology

The TMG conducts remote sign language interpretation, etc. using digital technology for persons with hearing impairments when they visit or call Tokyo metropolitan consultation desks, to ensure information accessibility for persons with hearing impairments in Tokyo.

## Promotion of Para-Sports

With an aim of realizing "Sports Field, Tokyo", where anyone, whether having impairments or not, can enjoy sports, the TMG is releasing information to raise awareness, and developing environments for para-sports, while promoting programs to raise competitiveness with the aim of ensuring the success not only of the Paralympic Games but also of other international competitions.

### Creating Opportunities and Environments where People with Impairments Can Enjoy Sports

#### ○Releasing Information and Raising Awareness

The TMG promotes understanding and raises awareness about para-sports as well as offers opportunities to persons with impairments to start sports, by providing information on the sports portal site for persons with impairments named "TOKYO Sho-spo Navi" and "Parasports Start Guide" which provides information about para-sports, and by hosting sports event called "Challenge Sports! TOKYO" which allows visitors to participate in and to experience several kinds of para-sports.

Additionally, in the Para-sports Support Project "TEAM BEYOND", the TMG conveys the attractions and increases awareness of para-sports and encourages people to watch them by holding competition "Spectator Events" and implementing programs including the "Para-sports Experiential Program", consisting of events in the Tokyo metropolitan area that introduce and allow people to participate in para-sports.

#### ○Finding and Improving Locations for Para-Sports Activities

In order to ensure that persons with impairments and para-sports associations are able to engage in sports activities within their local communities, in addition to two sports centers for persons with impairments located in the Tokyo area, the TMG positions special support schools in the metropolitan region as a sports base for persons with impairments. It also promotes the utilization of sports facilities at special support schools in the metropolitan region as locations for persons with impairments to do sports, and holds trial classes in sports, etc.

In addition, the TMG coordinates environments that enable people with impairments to enjoy sports within their local communities by using a manual which contains points that require consideration by facilities management, supporting municipalities that are proactive in providing para-sports activities, and supporting renovation to promote para-sports in sports facilities.

Furthermore, the TMG manages a consulting desk related to para-sports, which offers information and holds social gatherings, aiming for partnerships and support between corporations

and para-sports organizations, which provides information and advice to persons with impairments who newly start playing sports. It also implements activities such as introducing the video of exercise which allows persons with impairments to conduct at their home, in welfare facilities for persons with disabilities, etc.

#### ○Training Para-Sports Supporters

The TMG keeps on training human resources who support para-sports, and improves the quality of the support by holding seminars for people involved in sports, promoting acquisition of license for para-sports guidance, holding training days and forums, etc.

In addition, the TMG provides timely information about applications to volunteers and expands the opportunities for engaging in activities through operating the "Tokyo Para-sports & Support" portal site, which provides information for para-sports volunteers.

#### ○Improving Para-Sports Competitiveness

Improving competitiveness by discovering, training, and strengthening potential players, and by supporting para-sports organizations to produce para-athletes who can perform well at international competitions such as the Paralympic Games.

### Hosting Tokyo Sports Games for Persons with Impairments, and Sending Para-Athletes to National Championships for Persons with Impairments

The Tokyo Sports Games for Persons with Impairments is held to promote persons with impairments to maintain and promote their physical fitness, to help them participate in society and having interaction with others through sports, and to contribute to the independence of persons with impairments by enhancing the understanding about impairments among Tokyo residents, and to promote sports for persons with impairments in general.

In addition, athletes and coaches are sent to the National Championships for Persons with Impairments, which is the national sports festival for persons with impairments.

### Tokyo Metropolitan Sports Center for Persons with Disabilities

There are two facilities in Tokyo area which are built especially for the use of persons with impairments, equipped with gymnasiums, pools, meeting rooms, accommodation facilities and medical consultation services so that persons with impairments can enjoy sports and recreation activities.

## Promotion of Shift to Community and Service Infrastructure Improvement

The TMG is promoting the shift to community life of long-term facility residents and mentally disabled persons being "hospitalized for non-medical reasons", while improving the community infrastructure such as housing and at-home services.

### Establishment of Basic Infrastructure for Persons with Disabilities in the Community

To enable persons and children with disabilities to live in peace of mind in the community, the TMG established the Three-Year Plan for Assistance on Making the Shift to Life in the Community/Day-to-Day Life. The Plan works to establish basic community infrastructure such as Group Homes as the places to live in the community, day-time rehabilitation centers, short-stay facilities, Child Development Support Center, etc.

### Subsidy for the Lump-sum Payment of Fixed-term Land Leasehold

This program promotes the development of facilities for

persons and children with disabilities by subsidizing a part of the lump-sum payment when service providers develop facilities with a fixed-term land leasehold on state-owned land or private land.

#### **Support for Establishment of Facilities for Persons (Children) with Disabilities Using Leased Land**

This program promotes the development of facilities for persons and children with disabilities by subsidizing a part of the land lease when service providers develop facilities by leasing state-owned land or private land.

#### **Coordinators to Promote Shift to Life in the Community**

Promote the shift to community life among facility residents by appointing coordinators at facilities for supporting persons with disabilities to promote the shift, and ensuring cooperation between facilities in and outside of Tokyo, while also establishing a cooperation structure between municipalities and designated counseling support provider. In addition, by appointing promoters, find and accept new people and develop supporting systems of the communities to respond to persons with severe disabilities.

#### **Project to Support the Transfer of Residents of Facilities outside Tokyo to Move into the Community**

Group Homes accepting residents of support facilities for persons with disabilities outside Tokyo are able to access subsidies for a part of the initial costs involved in accepting said residents, in order to promote regional economic activity and encourage settling in the community.

#### **Project to Assist Persons with Disabilities Shifting/Staying to Life in the Community**

This project supports consultation services (after a person with disabilities has made the shift to the community) for Group Homes. The purpose of this project is to enable persons with severe disabilities to live in peace of mind in the community of their choice, receiving the services they need in the community, upon moving from a residential facility. The project implements education and training with the aim of enabling disabled people and their families living in the community to be able to imagine a long-term life within the community. This contributes to solving the potential problem of people waiting for access to facilities.

The project promotes persons to move back to the community in Tokyo by subsidizing a part of the expenses for programs providing consultation and assistance to users of facilities outside Tokyo, who wish to move back to the community, while strengthening the function of these consultation assistance programs.

#### **Project to Promote an Enhanced Support System for Children with Disabilities**

This project promotes an enhanced support system for children with disabilities in response to the circumstances of the communities by supporting municipalities that take measures based on the welfare plan for children with disabilities.

#### **Project to Secure a Regional Support System by Child Development Support Center**

By supporting the regional support and regional cooperation implemented by the Child Development Support Center, this project aims to promote the development of a regional support system for children with disabilities.

#### **Program to Support Children with Disabilities After School Hours**

Responding to the actual community situations, the TMG provides support for municipalities which provide assistance after school hours to children with severe physical/mental disabilities and children who require medical care.

#### **Program to Provide Metropolitan Government-approved Day Services After School Hours (New)**

The TMG subsidizes a part of the expenses required for management, etc. for business operators satisfying the standards determined by the metropolitan government, and aims to improve the quality of support provided by after-school day service providers.

#### **Project to Support Enhancement of the Group Home System for Persons with Disabilities**

In order to be able to accept users with severe disabilities who require special support in physical or behavioral characteristics, this project supports a group home which secures a system by conducting staff stationing with great care.

#### **Medical Partnership Type Group Home Project**

Support is provided for municipalities offering group homes where, in addition to providing lifestyle support workers who can offer medical support to persons with disabilities requiring such care, study workshops are implemented in order to consider and verify partnerships with medical care.

#### **Project to Enhance the Medical Collaboration of Welfare Service for Persons with Disabilities**

In order to support persons with disabilities requiring medical care, this project supports the efforts by municipalities to assign nurses to support facilities for persons with disabilities, to establish the collaboration between service providers of short-term stay and visiting nurses, and to provide medical support and consultations to persons with disabilities in the community.

#### **Subsidy for Preparation Costs Required to Set Up Short-term Stay Services**

This project promotes the establishment of short-term stay services by subsidizing a part of the preparation costs, such as key money required to lease a building, when service providers newly offer short-term stay services.

#### **Program to Support for Systems Accepting Persons (Children) with Disabilities for Short-term Stays to Develop Living Support Bases in the Community (New)**

The TMG supports municipalities that work to secure systems which can reliably accept persons (children) with serious disabilities in times of emergency to develop living support bases in the community, such as by assigning qualified support staff to short-term stay service providers.

#### **Program to Provide Continuous Assistance to Systems Providing Disability Welfare Services, etc.**

To ensure that disability welfare service providers can continue to provide the required services when there has been a COVID-19 outbreak, the TMG provides support regarding the additional costs which occur compared to normal times, etc.

#### **Program to Establish Systems for Accepting Persons Requiring Long-Term Care at Home**

In cases where families, etc. providing long-term care for persons with disabilities at home become infected with the novel

coronavirus, the TMG supports municipalities to establish acceptance systems, such as stationing support staff, etc. in short-term stay centers that can be used on a temporary basis in emergencies by persons with disabilities who require long-term care.

### **Program to Dispatch Support Staff on the Occurrence of COVID-19**

To prepare for cases where there are insufficient staff in facilities supporting persons with disabilities due to an infection outbreak that stops staff from attending work, the TMG establishes a system in which cooperation and coordination is made with related organizations so that support staff are dispatched to the affected facility.

### **Program to Provide Professional Consultation and Assistance for COVID-19 Prevention Measures**

In facilities providing assistance for persons with disabilities, the TMG establishes a system for providing professional consultations and support relating to infection prevention measures including training.

### **Program to Promote Infection Prevention Measures in Facilities for Persons (Children) with Disabilities**

In order to promote and thoroughly implement infection countermeasures in facilities for persons with disabilities, etc., the TMG subsidizes facility expenses including the installation of simple negative pressure devices, etc.

### **Intensive Testing in Facilities Supporting Persons with Disabilities**

The TMG implements intensive and regular PCR testing for the staff, etc. in facilities which are utilized by persons (children) with disabilities, who will have a high risk of developing serious illness.

### **Program to Enhance COVID-19 Prevention Measures in Facilities, etc. Supporting Persons with Disabilities**

TMG assists with the expenses for implementing PCR testing, including screening, targeting facilities that support persons with disabilities and residential facilities for children with disabilities, which will be greatly affected in the case where infections occur.

### **Development of PCR Testing Systems for Children with Disabilities in Disability Welfare Service Providers**

In providers which provide daycare support for children with disabilities, the TMG implements PCR testing in order to prevent the spread of infection beforehand in cases infection is confirmed among the children, but the identification and testing of close contact persons is not immediately implemented by health centers.

### **Project to Assist Persons with Mental Disorders to Make the Shift to Living in the Community**

Regarding designated general consultation support service providers, etc., by offering specialist guidance and advice and providing training to develop human resources for assisting the shift to living in the community, developing systems for peer supporter training and utilization, as well as implementing activities such as giving experience of overnight stays utilizing dedicated private rooms in group homes, systems will be developed to enable persons with mental disorders to make smooth transitions into local communities and enjoy stable community living.



### **Program to Support the Improvement of Skills including Mental Health Self-care in Medical Care and Welfare Providers**

The TMG promotes activities to improve mental health care in providers, and implements online training for administrators, supervisors, etc. to reduce the physical and mental burdens placed on staff.

### **Metropolitan Housing**

A program is available to increase the winning rate of a drawing for metropolitan housing for families by five or seven times compared to general households.

A point system also exists to prioritize those with higher degree of dwelling need to move into housing that is up for rent.

## **Enhancement of Community-based Medical Assistance Systems**

A vast variety of policies exist to enhance medical systems for persons with mental disorders, for severely mentally and physically disabled children (persons), for developmentally disabled children (persons), for those with higher brain function impairment, and for disabled children requiring medical care.

### **Improvement of the Psychiatric Care System in the Community**

This project works to establish smooth cooperation with general medical care and psychiatric care and to strengthen collaboration between psychiatric hospitals and clinics to enable appropriate medical care at the time it is needed in the community. Under cooperation with municipalities, health centers and other institutions, outreach programs are delivered for persons with mental disorder who find stable life in the community difficult due to reasons such as discontinued medical care.

### **Program to Support Housing Respite and Employment (New)**

To support the provision of time off (respite) for families of severely mentally and physically disabled children (persons) and disabled children requiring medical care living at home, and to support employment, etc., the TMG supports municipalities which dispatch nurses to conduct medical care for a fixed period of time instead of the family.

### **Support for At-Home Medical Care of Severely Mentally and Physically Disabled Children**

Under this project, nurses are dispatched to the homes of severely mentally and physically disabled children (persons) and disabled children requiring medical care. These nurses provide nursing care instruction and consultations on medical care. In addition, for severely mentally and physically disabled children hospitalized (in NICU, etc.) wishing to live at home, these nurses provide early-stage consultations and assistance to these individuals and their families to ensure a smooth transition from facilities to the home. The project also works to improve the quality level of visiting nurses in the community through training and other means.

### **Short-Stay Facilities for Severely Mentally and Physically Disabled Children (Persons) (Assign Staff to Facilitate Receipt)**

This project assigns highly skilled nurses to short-stay facilities as staff to facilitate the receipt of severely mentally and physically disabled children (persons), in particular, to actively promote the receipt of those living at home with high medical needs.

### Contract Daycare Centers for Severely Mentally and Physically Disabled Children (Persons) (Assign Staff to Facilitate Receipt)

This project assigns highly skilled nurses to contract daycare centers for severely mentally and physically disabled children (persons) designated by the Tokyo Metropolitan Government as staff to facilitate the acceptance of those, in particular, to actively promote the acceptance of those living at home with high medical needs.

### Subsidy for Daycare Centers for the Severely Mentally and Physically Disabled Children (Persons)

In order to provide daytime care to the severely mentally and physically disabled children (persons) living at home, and to provide appropriate medical care, the TMG ensures the appropriate medical care environment at daycare centers through the municipalities.

### Ensuring a Supply of Nurse Personnel for Facilities for Severely Mentally and Physically Disabled Children

This project provides opportunities for training and certificate acquisition for nurses working in medical facilities for disabled children and long-term sanatorium businesses. The project seeks to ensure a steady supply of nurses and encourages them to remain in their jobs by improving the working environment and by improving recruitment policies for nurses.

### Coordination of Structures to Provide Support for Children Requiring Medical Care

In addition to establishing a council to enhance cooperation between related institutions and to consider support measures concerning the support for children with disabilities requiring medical care, various types of training is implemented to develop human resources who are capable of providing appropriate support in the community for those requiring medical care, etc.

### Project for Centers Supporting Children Requiring Medical Care (New)

The TMG has established support centers for children requiring medical care so that children requiring medical care and their families can receive appropriate support responding to the mental and physical condition of each child requiring medical care. It also provides consultation support and supplies information, in addition to developing the human resources involved with providing the support.

### Project to Promote Constructing Support System for Persons with Developmental Disorder

To enhance the support system for children (persons) with developmental disorder, the project promotes the training of municipal counseling support staff and specialists in healthcare providers. It also develops support bases for developmental disorders and builds a municipal support system through coordination with related organizations.

### Project for Training and Dispatching Parent Mentors

In order to prevent the social and psychological isolation of children (persons) with developmental disorders and their families, and enable them to live in the community with peace of mind, the TMG trains parent mentors who can offer consultation and advice from the perspective of parents with disabled children, and support the creation of a structure that promotes families helping one another.

### Project to Build a Network of Medical Institutions Specializing in Developmental Disorders

By building a network focused on highly specialized medical institutions and implementing hands-on training in regional medical institutions, the TMG secures a system which will diagnose developmental disorders at an early period.

### Promotion Project of Spreading Support for Persons with Higher Brain Dysfunction

Support is enhanced at the Center for Welfare of Persons with Physical or Intellectual Disabilities, which serves as the support center for persons with higher brain dysfunction, where expert consultation/support is provided to persons with higher brain dysfunction and their families. The center is also working to create a local support network with municipalities and related organizations to conduct human resource training and PR activities to raise awareness among Tokyo residents.

In addition, training for healthcare providers, etc. is conducted at hospitals with central roles in rehabilitation of higher brain dysfunction through collaboration with medical institutions and supporting agencies in communities.

### Promotion Project of Local Support for Persons with Higher Brain Dysfunction

The TMG assigns support staff for persons with higher brain dysfunction at the municipalities who can provide consultation/support to persons with higher brain dysfunction and their families, and cooperates with related organizations such as local medical institutions and employment support centers in order to provide support at the local level.

## Enhancement of Employment Promotion Measures toward Independent Living

The government, companies and welfare facilities will work together to support disabled persons, depending on each of their situations, so they feel secure about continuing work.

	General Private Sector Companies	Special Corporations/Independent Administrative Agencies	Local Public Entities *1
Statutory Employment Rate	2.30	2.60	2.60
Actual Employment Rate	2.09	2.73	2.55

\*1: Local public entities for which the 2.6% statutory employment rate is applied  
 \*1: Since April 1, 2006, persons with mental disorders are calculated in the actual employment rate.  
 Source: Tokyo Labor Bureau, Ministry of Health, Labour and Welfare (As of June 1, 2021)

### Strengthen Cooperation with Tokyo Metropolitan Council to Assist Employment of Disabled Persons

The “Tokyo Metropolitan Council to Assist Employment of Disabled Persons” comprised of economic organizations, companies, labor, welfare, medical, educational organizations, employment support businesses and academic experts strengthens cooperation with related organizations to foster a trend in society to increase employment of disabled persons.

### Operation of “Tokyo Challenge Office”

The TMG opens an office inside the TMG building and provides the opportunities for persons with intellectual disabilities or mental disorders to gain work experience as part-time employees or short-term trainees and supports their employ-

ment for general companies.

### **Implementation of Employment Support Level-up Training Program**

The TMG provides systematic training to coordinators at municipalities' employment support centers and support staff at transition support centers for employment, which will include training on knowledge, information, skills and communication capabilities needed to support employment of disabled persons, and aims to improve the professional quality and capabilities of the staff providing employment support.

### **Project to Improve Coordination Skills of Employment Support Institutions**

To gain a precise understanding of the characteristics of persons with disabilities and the needs of corporations to allow the provision of appropriate support for realizing the stable continuation of employment by persons with disabilities, the TMG implements various training and improves supporting skills targeting employment support institutions. This training provides institutions with the knowledge and skills required for approaches/matching to corporations, links with medical institutions required for employment support of persons with mental disorders, and their employment retention support.

### **Promotion of Employment Support Program for Disabled Persons at Municipalities**

The local consultation and support system is strengthened to comprehensively offer both support related to work such as preparing for employment and finding employment, and stabilize employment, and support addressing life-related aspects of employment at the "Municipal Employment Support Center for Disabled Persons" set up at municipalities.

### **Project to Promote Collaboration on Retention for the Employment of Persons with Mental Disorders**

This project assigns coordinators linked with medical institutions in each of the employment and living support centers for persons with disabilities in the metropolitan area, and promotes cooperation between employment support institutions and medical institutions. In addition, the TMG establishes coordinating committees supporting the employment of persons with mental disorders in six areas in the metropolitan region, and promotes cooperation among the medical institutions, employment support institutions and corporations that are needed by persons with mental disorders to allow them to continue to work stably in the community.

### **Project to Improve the Management of Type-A Support Providers for Continuous Employment**

This project supports the efforts of type-A support providers of continuous employment to help them perform appropriate operations such as improving earnings rates and work efficiency by introducing corporate management strategies through seminars for improving the management, dispatch of advisers, etc.

### **Promotion of Wage-up at Welfare Facilities**

The municipalities subsidize the expense of sending management consultants and wage-up promotion expenses of motivated businesses, and thereby aim to raise the wage level at welfare facilities in Tokyo. In addition, boost user motivation and encourage facility staff to have greater awareness of operations through training to garner higher wages.

### **Project to Subsidize the Facility Upgrading to Promote Order-taking and Higher Wages**

The TMG subsidizes the upgrading of production equipment at welfare facilities that aim to increase order-taking opportunities and increase wages.

### **Establishment of Joint Order-taking System through Municipality Networks**

By investigating the ideal form for the joint order-taking system in the metropolitan area, together with developing private and public-sector demand, the TMG aims to expand orders and increase wages at facilities employing people with disabilities.

### **Operation of Welfare Trial Shop**

In addition to the stable operation of the welfare trial shop "KURUMIRU", which sells manually produced products by disabled persons, Type-B support providers for continuous employment expand sales channels of their products and make the efforts toward increased wages through online shopping.

### **Model Project to Support Work Improvement Including Product Development**

The TMG intends to realize improvement in wages by implementing support for product development, sales methods, work-related process control, etc. as a model project for Type-B support providers for continuous employment to expand new sales channels and increase profitability.

### **Promotion of Support Program for Management Networks of Welfare Facilities**

With an aim to increase the wage of disabled persons working at welfare facilities, the TMG supports municipalities which build a network of multiple workplaces in the community, and implement activities such as finding orderers, joint procurement, joint product development, and expansion of sales channels.

### **Vocational Training and Employment Consultation**

Tokyo Vocational Ability Development School for the Disabled is a public vocational training facility. For consultation regarding employment, inquire with the Public Employment Security Offices.

### **Tokyo Shigoto Center (Specialized Support Corner) New**

For persons who wish to work but find it difficult due to having disabilities or for social, financial or other reasons, the TMG provides detailed support from preparing to start work to becoming settled in after starting work with teams formed through cooperation between specialist staff.

### **Tokyo Job Coach Training**

Tokyo job coaches, trained by the TMG, encourage stable employment by visiting companies employing the disabled person to support both the disabled and the companies.

## **Developing and Securing Personnel Engaged in Services**

In order to maintain and improve the quality of welfare services, etc., the TMG strives to steadily secure, develop, and retain personnel engaged in services.

### **Support Program to Lease Housing for Disability Welfare Service Staff**

The program secures and retains welfare and long-term care

service personnel by supporting the leasing of housing to staff and promoting rapid actions in the case of a disaster as a disaster welfare base in a community by having facilities take initiatives systematically for disaster prevention.

#### **Support Program to Provide Training for Staff Engaged in Disability Welfare Services by Securing Substitute Staff**

The program improves the quality of welfare and long-term care staff by providing them with opportunities to receive training. Dispatching substitute staff during the period of training received by disability welfare service providers in Tokyo enables them to improve their expertise.

#### **Support Program for Current Disability Welfare Service Staff to Obtain Qualifications**

The program trains staff and improves service quality by partially subsidizing the cost staff working at disability welfare service providers would bear to obtain qualifications certified by the nation.

#### **Program to Provide Training on Management and Control to Disability Welfare Service Providers**

The program supports the retention of staff of disability welfare service providers and improves their skills by providing training to managers of disability welfare service providers on personnel management, etc.

#### **Program to Take Measures to Secure Municipality Disability Welfare Personnel**

By providing support for disability welfare human resource measures taken by the municipalities, the TMG secures, develops and retains the disability welfare personnel who will support the community.

#### **Program to Provide Education Loan Repayment and Training Support to Staff of Disability Welfare Service Providers**

This program provides support to providers which are making allowance payments corresponding to education loan repayment amounts and are conducting planned personnel training, in an aim to secure, train and retain welfare and long-term care personnel.

#### **Program to Improve Working Conditions of Welfare and Long-term Care Staff**

For disability welfare service providers that make wage rate improvements for welfare and long-term care staff, the TMG supports expenses required for making these wage rate improvements.

#### **Program to Promote Improvement of Working Conditions and Additional Acquisition of Welfare and Long-term Care Staff**

By providing advice and guidance, etc. relating to the improvement of working conditions and additional acquisition of welfare and long-term care staff, this program promotes the new acquisition of additional staff in the workplace in an aim to secure and retain staff.

#### **Support Program to Train Personnel Engaged in Group Homes**

The program improves the quality of services of group homes by providing training to staff who are engaged in group homes so that they can gain the knowledge needed to support users.

#### **Program to Dispatch Professionals to Improve Support Capability in Facilities Supporting Persons with Disabilities**

To improve the capabilities for responding to the increasing age, disease severity and severe behavioral disorders of users in

facilities supporting persons with disabilities, the TMG dispatches professionals to enhance the facilities' support capabilities.

#### **Training Program for Nursing Care Staff on Expelling Phlegm for Patients**

The program trains nursing care staff capable of performing appropriate medical services at facilities for people with disabilities, such as expelling phlegm. The program also certifies staff and registers related parties performing services such as expelling phlegm.

#### **Tokyo Metropolitan Program to Train Peer Supporters for Persons with Disabilities**

To realize high quality peer support activities, training is given to the persons who work as peer supporters and the administrators of disability welfare service providers.

#### **Program to Support the Training and Retention of Human Resources for Disability Welfare Services**

The TMG supports the implementation of activities to develop and retain welfare human resources in disability welfare service providers, etc. by finding methods for resolving issues relating to the employment environment and work management and by introducing leading case studies.

#### **Program to Support the Utilization of Digital Technologies in Facilities Supporting Persons with Disabilities**

To promote measures to improve the work productivity and the quality of support provided in the disability welfare field, the TMG supports the introduction of digital technologies to facilities that support persons with disabilities.

### **Medical Care Support and Allowances for Persons with Disabilities**

This project works to establish medical care systems where recipients can receive appropriate medical care when necessary, including subsidies for medical care for persons (children) with disabilities.

#### **Subsidization of Medical Expenses of Persons (Children) with Physical/Intellectual Disabilities and Mental Disorders**

The TMG provides subsidies for a part of the self-pay burden of medical expenses for persons (children) with severe physical disabilities, intellectual disabilities, and mental disorders if certain conditions are fulfilled.

#### **Subsidization of Medical Expenses of Persons (Children) with Mental Disorders**

The TMG provides subsidies for a part of the self-pay burden of medical payment for services and support for persons with mental disorders (outpatient psychiatric treatment) and hospitalization expenses for children with mental disorders under 18 years old.

#### **Provision of Allowances**

There are various allowances provided in order to enhance welfare services for persons (children) with physical/intellectual disabilities. The Japanese government offers Special Disability Allowances (tokubetsu shogaisha teate), Disabled Child Welfare Allowances (shogaiji fukushi teate) and Special Child-Rearing Allowance (tokubetsu jido fuyo teate). As for the TMG system, there are Allowance for Severely Physically or Mentally Disabled (jyudo shinshin shogaisha teate) and Welfare Allowance for Physically or Mentally Disabled (shinshin shogaisha fukushi teate).

### **Dental Care for Persons (Children) with Physical/Intellectual Disabilities**

Specialized dental examinations are provided to persons (children) with intellectual or physical disabilities at the Tokyo Metropolitan Center for Oral Health of Persons with Disabilities and facilities for children with intellectual or physical disabilities.

### **Emergency Psychiatric Service System**

Emergency Psychiatric Services are provided at night and on weekends with the cooperation of public and private hospitals.

In addition, we are working to expand on emergency psychiatry systems including primary emergency care with the cooperation of mental clinics during the nighttime hours as well as secondary emergency care including physical complication treatment.

### **Examination by Authorized Psychiatrists**

In accordance with the Act for the Mental Health and Welfare of the Persons with Mental Disorders, the TMG provides medical care and protection for mentally disabled persons who have applied or been reported of by offering examination by authorized psychiatrists. If the person is diagnosed as mentally disordered and having a high risk of harming him/herself or others due to the mental disorder, a compulsory hospitalization system exists to admit that person to a state/municipal hospital or designated hospital.

### **Development of Disaster Base Psychiatric Hospitals**

In the occurrence of a disaster, medical institutions which accept inpatients from disaster hospitals are designated as “disaster base psychiatric hospitals” or “disaster base psychiatric department-linked hospitals” , and it is aimed to enhance the psychiatric care delivery system in times of disaster.

### **Project to Enhance System of Psychiatric Care in the Case of a Disaster**

In order to provide smooth and swift responses relating to psychiatric care in disaster areas when large-scale disasters occur, the TMG develops systems to support psychiatric care and mental health care activities, and enhances the system for providing psychiatric care when disasters occur.

## **Consultation regarding Disability Matters and Support for Medical Care and Development, and Others**

Technical consultation facilities, such as Child Guidance Offices, municipal welfare centers (City/TMG) or public health centers, are available offering consultation regarding daily issues of disabled persons (children) or their families.

### **Welfare Center for the Physically and Intellectually Disabled**

This is a consultation/rehabilitation center for physically and intellectually disabled persons which operates various services including determination of prosthetic appliances and Intellectual Disability Certificate (Aino Techo) (for persons aged 18 or over), and technical support for municipalities.

In addition, it issues the Physical Disability Certificate (shintai shogaisha techo) and Intellectual Disability Certificate (Aino Techo).

### **Telephone Consultation Service for Higher Brain Dysfunction**

At the Welfare Center for the Physically and Intellectually Disabled, which serves as the center for persons with higher brain dysfunction, consultation service including daily life,

employment is offered to persons with higher brain dysfunction and their families.

### **(Comprehensive) Center for Mental Health and Welfare**

For persons with mental disorders, consultation is offered by specialist staff regarding medical care, independent living, etc., and appropriate guidance and assistance is being provided.

In addition, the Center conducts the administrative work of the Psychiatric Review Board, examinations relating to applications for Certificates for Health and Welfare of Persons with Mental Disorders (seishin shogaisha hoken fukushi techo), and administrative work relating to the payment authorization for services and support for persons with disabilities (outpatient psychiatric treatment).

### **Support Center for Persons with Developmental Disorders**

This is a specialized facility that offers support regarding consultation, and development of children and employment issues. It consults or provides guidance for children (persons) with developmental disorders (autism, etc.) and their families in cooperation with related facilities.

### **Nighttime Telephone Counseling**

Clinical psychologists and psychiatric social workers offer nighttime consultations regarding mental health.

### **Tokyo Metropolitan Children’s Medical Center Telephone Counseling**

Psychologists offer telephone counseling regarding children’s development and mental issues, and concerns about examinations.

### **Handling of Abuse against Persons with Disabilities**

The TMG cooperates with municipalities and other related organizations regarding consultations or reports of abuse against persons with disabilities. Anyone who finds a person with disability who is thought to have been abused, or anyone who wants to consult about abuse against persons with disabilities should contact the municipal abuse prevention center for the disabled or the Tokyo advocacy group for persons with disabilities.

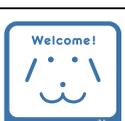
Training is held for municipal staff responsible for this issue, along with managers at facilities and businesses to deepen their understanding and enhance expertise in abuse of persons with disabilities.

### **Lump-sum Payment Information and Consultation Desk regarding Former Eugenic Protection Act**

According to the “Act on the Provision of Lump-sum Payments, etc. to Persons Subjected to Sterilization, etc. based on the Former Eugenic Protection Act” , this center receives consultations and accepts invoices to the government when requesting payment of lump-sum payments, etc.

## Marks for Persons with Disabilities

Various marks are advocated by disabled persons' organizations, as well as internationally common ones and those defined by laws. The following is a list of major symbol marks. (For more detail on each mark and how to use, etc. contact related organizations.)

	<p>■ <b>International Symbol of Access for Persons with Disabilities</b> An internationally used mark which indicates that the buildings or public transportation facilities are designed friendly for persons with disabilities. It is not only for those who are in wheel chairs but for all people with disabilities.</p>
	<p>■ <b>International Symbol for Blindness</b> An internationally used mark established by the World Blind Union in 1984 which indicates that the buildings, facilities, or equipment are barrier free or specifically designed for the safety of vision-impaired persons. It is also used for traffic lights, audio navigation systems, internationally mailed braille documents, books, or printed matters.</p>
	<p>■ <b>Physical Disability Sign (Mark for Physically Disabled Persons)</b> Those whose driver's license has been issued under certain conditions regarding physical disabilities must have this mark on their vehicles. Driving close to or cutting in front of vehicles carrying this sign with the intention to pressure the driver shall be considered as a violation of the Traffic Control Law, unless absolutely necessary.</p>
	<p>■ <b>Hearing Impairment Sign (Mark for Hearing Impaired Persons)</b> Those whose driver's license has been issued under certain conditions regarding the level of hearing impairment specified by law must carry this mark on their vehicles. Driving close to or cutting in front of vehicles carrying this sign with the intention to pressure the driver shall be considered a violation of the Traffic Control Law, unless absolutely necessary.</p>
	<p>■ <b>Ear Mark</b> This mark indicates that the person has hearing impairment and requires special consideration when communicating. It is also used in communities, hospitals and banks that provide special support.</p>
	<p>■ <b>Assistance Dog Mark</b> This sign is found at the entrance of stores and shops that accept the entrance of assistance dogs, guide dogs, service dogs, and hearing dogs, certified by the Assistance Dog Law for Physically Disabled Persons. All public facilities, department stores, or restaurants that are available to the general public are obligated to accept the entrance of such assistance dogs.</p>
	<p>■ <b>Ostomate Mark</b> A symbol mark for ostomates (a person who has had ostomy surgery). This sign is found at facilities equipped with ostomate-accessible restrooms and facilities.</p>
	<p>■ <b>Heart Plus Mark</b> This mark indicates that the person has heart or respiratory problems. Internal impediments or illnesses cause misunderstanding, as they are difficult to recognize. This mark is used to visually indicate the presence of persons with such illness or impairment visually and obtain understanding and cooperation.</p>
	<p>■ <b>Symbol mark to raise awareness and educate about "white cane SOS signal"</b> This is a symbol mark to raise awareness and educate about the campaign known as the "white cane SOS signal". It calls for support by voluntarily asking if any help is needed when seeing a vision-impaired person expressing an "SOS signal" by raising a white cane up to approx. 50 cm overhead.</p>
	<p>■ <b>Sign Language Mark</b> This mark indicates that a hearing-impaired person is seeking consideration of communication using sign language. The mark is also used at the counters, etc. of local governments, private sector institutions, and transportation facilities to indicate that responses can be given using sign language.</p>
	<p>■ <b>Communication by Writing Mark</b> This mark indicates that a person with hearing or voice function impairments is seeking consideration of communication by writing. The mark is also used at the counters, etc. of local governments, private sector institutions, and transportation facilities to indicate that responses can be given by writing.</p>

## ◆Help Mark

It may not be apparent from the outside whether support or special consideration is required for persons with prosthetic limbs or prosthetic joints, those with internal dysfunctions or intractable diseases, or women in the early stages of pregnancy.

The Help Mark was created so that these people can smoothly obtain support by indicating to those around that special consideration is required.

The Help Mark is being distributed to persons with disabilities requesting it, at Toei subway stations. The priority seats on all Toei Transportation show the Help Mark.

(Sticker)



## ◆Help Card

The Help Card, carried by persons with disabilities to request help in times of disaster or at normal times, indicates emergency contact information and the type of assistance required. A standard format was created for unified use in Tokyo. A guideline for municipalities was also compiled, outlining key design points and consideration required by those providing support.

The municipalities are creating Help Cards based on the standard format, and seeking to raise awareness to allow its widespread use by persons with disabilities in Tokyo.

Front: TMG standard form



Back: Reference form 1

