Measles cases in Tokyo

 Epidemiological investigation found that close contacts (same shinkansen) of a male resident of Ibaraki Prefecture returning from India (measles patient), a Tokyo woman in her 30s and a Tokyo man in his 40s, have contracted measles (announced May 12)

• Sunday, April 23 Tokkaido-Sanyo Shinkansen Nozomi 50, Car 9 (Green Car) Shin-Kobe 18:52 ⇒ Tokyo 21:33

- It was found that the infected persons travelled on the shinkansen on May 4
 - Thursday, May 4 Tokkaido Shinkansen Kodama 740, Car 10 (Green Car) Mishima 18:54 ⇒ Shin-Yokohama 19:29

Infection trends

• Measles latency period: More than 10 days between the two people riding the shinkansen on April 23 and onset of symptoms (May 3)

 \Rightarrow No new cases have emerged among public transport users or anyone else, but any changes need to be monitored.

• We need to continue to remind the public to beware of measles, given rising cross-border movement

Measles

Symptoms

Transmission route	 Airborne, droplet and contact infection It is extremely infectious, so almost 100% of people without immunity are infected Over 90% of infected persons develop symptoms
Symptoms	 After the 10-12 day incubation period, there is a 2-4 period of fever around 38°C and common cold symptoms (cough, runny nose, bloodshot eyes, etc.), followed by high fever over 39°C and rash Recovery normally takes 7-10 days, but serious symptoms can arise such as pneumonia and encephalitis
Prevention	 To prevent measles outbreaks, two shots are required at stage 1 (12-23 months of age) and stage 2 (age 5-6). It is desirable to maintain a vaccination rate of 95% or higher for both Status of vaccination, Tokyo (MR vaccine coverage) 2019 2020 2021 Stage 1 9 6. 4 % 9 9. 1 % 9 3. 9 % Stage 2 9 2. 7 % 9 4. 0 % 9 3. 2 %

Measles

Tracking measles patients in Tokyo and trends in antibody prevalence among Tokyo residents (data for 2023 as of May



Initiatives in Tokyo

• Catch-up campaign for measles vaccination

System established for municipal subsidized vaccination for those who missed scheduled vaccinations (Half subsidy)

Awareness-raising

• In order to improve the vaccination rate at Stage 1, a new brochure was created and distributed through TMG's Akachan First campaign to support parents

• Brochure created and distributed to raise awareness of Stage 2 (to all Tokyo elementary schools/at pre-enrolment health checkup)